MENU OF STUDY STRATEGIES

Use when preparing for tests/quizzes: Check off the ones you will use.

|  |  |  |
| --- | --- | --- |
| 1. Reread Text | 8. Make concept maps | 15. Create a “cheat sheet” |
| 1. Reread/organize notes | 9. Make lists/organize | 16. Study with a friend |
| 1. Read/recite main points | 10. Take practice test | 17. Study with a group |
| 1. Outline text | 11. Quiz myself | 18. Study session w/teacher |
| 1. Highlight text | 12. Have someone quiz me | 19. Study with a parent |
| 6. Highlight notes | 13. Study flash cards | 20. Ask for help |
| 1. Use study guide | 14. Memorize/rehearse | 21. Other |

STUDY PLAN

|  |  |  |  |
| --- | --- | --- | --- |
| Date | Day | Which study strategies will I use? (write #) | How much time for each strategy? |
|  | 4 days before test | 1.  2.  3. | 1.  2.  3. |
|  | 3 days before test | 1.  2.  3. | 1.  2.  3. |
|  | 2 days before test | 1.  2.  3. | 1.  2.  3. |
|  | 1 day before test | 1.  2.  3. | 1.  2.  3. |

EVALUATION AFTER TEST

Ask yourself: How did your studying work?

1. Which strategies worked best?
2. Which were not so helpful?
3. Did you spend enough time studying? (circle one) yes no
4. If no, what more should you have done?
5. What will you do differently next time?